

PRELIMINARY SCHEDULE

1 - DATE 2nd of May 2009

2 - DISTANCE 500 meters

3 - ROWERS CATEGORY AND BOAT TYPE

In the registration sheet with the restrictions indicated.

4 - REGATTA SCHEDULE (Provisional)

Young Rowers			Juniors+Seniors		
9h30m	15-16 years age	1x F	14h15	Rounds	
	"	2x F			
	"	4- M			
	"	4x M	16h30	Final	2x M
	"	1x M	16h35	"	1x M
	"	2x M	16h40	"	4x M
	10-12 years age	1x W	16h45	"	4- M
	"	2x M	16h50	"	2- M
	"	1x M	16h55	"	2x W
	13-14 years age	2x W	17h00	"	1x W
	"	1x W	17h05	"	4x W
	"	4x M			
	"	2x M	17h15	Semi-finals	8+ Men
	"	1x M			
	15-16 years age	4x W	17h30	Final	8+ Men
	"	8+ M			

- Ages referred to the 31st of December 2008.
- If the number of boats is greater than 6 in the Young Rowers regattas, there will be as many heats as needed, being the final classification establish by the best times.
- If the number of boats is greater than 6 in the Junior/Senior classes, there will be as heats as needed before the finals from 14 pm.
- If the number of boats is greater than 6 in the 8+ there will be heats immediately before the final with a 2 minute gap between starts.

- The gap start between regattas will be 4 minutes.
- Every Club is responsible for their crew switching. The organization will not change the order or time between regattas.
- Rowing in more than one boat is forbidden, unless for those rowing in the youth 4x F and 8+ M, as well as the Jun/Sen 8+.
- The type of sculls/oars is free for every category.

5 - MEALS

The organization offers all the meals at the university canteen.

6 - PRIZES

Cup for all the winners. Medals for first, second and third.

PRIZE - MONEY - 8+ Men

1st - 300 €
2nd - 175 €
3rd - 100 €

7 - ENTRIES

The entries should be done through the registration sheet available for download in our website www.aac-nauticos.com.

8 - TEAM MANAGERS MEETING

Centro Náutico do Parque Verde, 2nd of May, 8h30 AM

9 - CONTACT PERSON

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